



Pack Assorted Colors for Kids

Name: _____

Date: _____

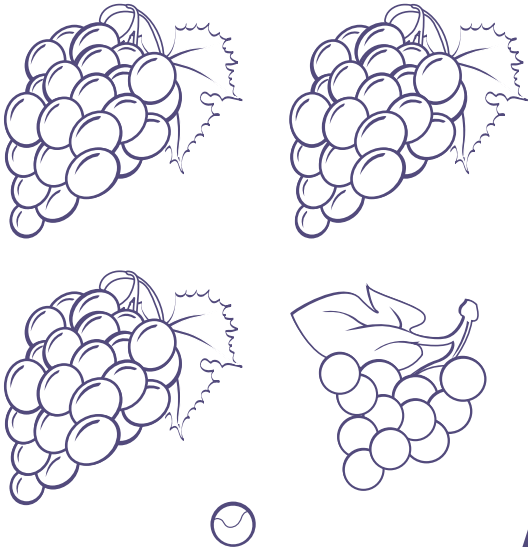


100% Grape Juice

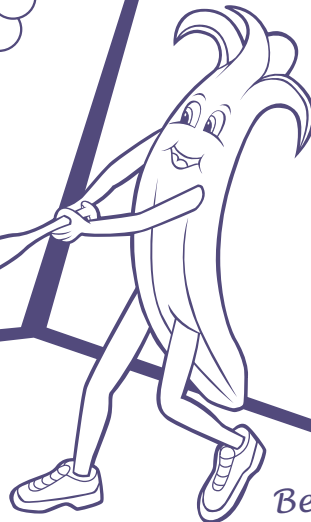
FRUITS & VEGETABLES ARE THE COLORS OF GOOD HEALTH

CLUSTER BUSTER

Circle the grape cluster that is different.



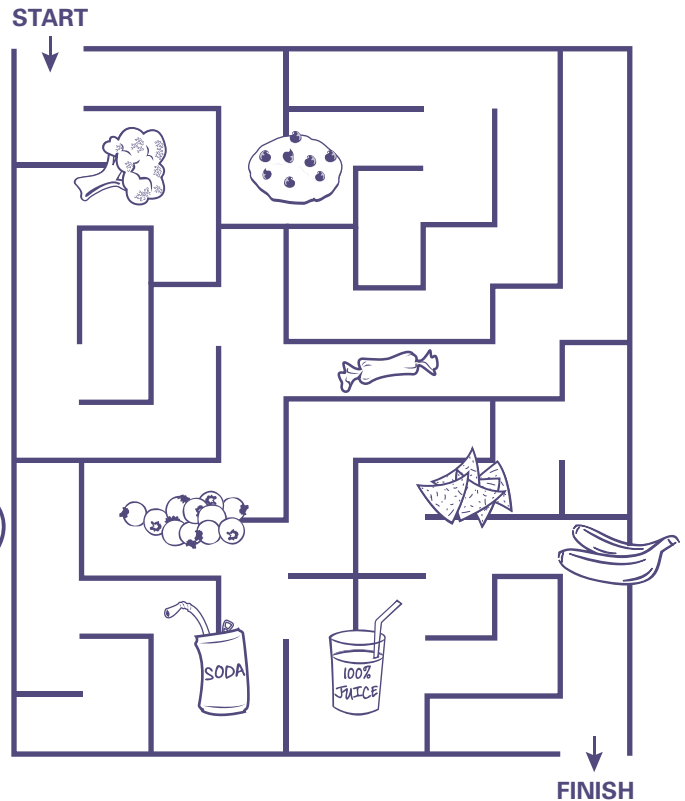
Raisins and 100% grape juice are made from fresh grapes and can count towards servings of fruit.



Ben Banana

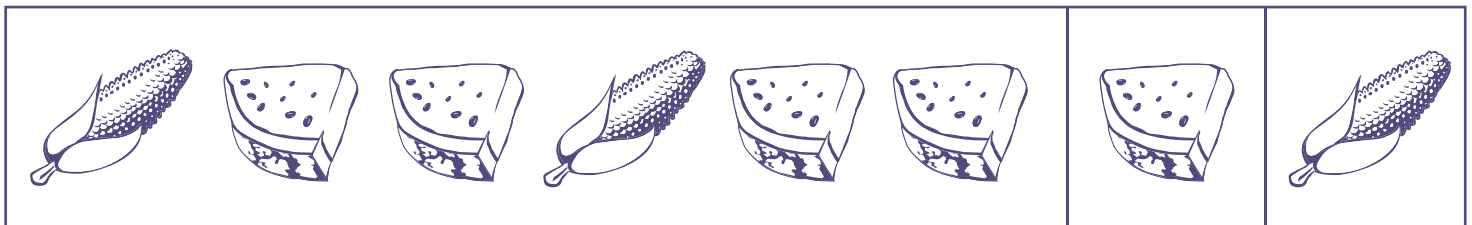
MIGHTY MAZE

Help Ben Banana get to the finish by making healthy food choices.



PATTERN PATROL

Complete the pattern by circling the correct food that comes next.





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100% Grape Juice

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MATH MATCH

Draw a line to match the number to the correct amount of fruits and vegetables.

5



1



4



2



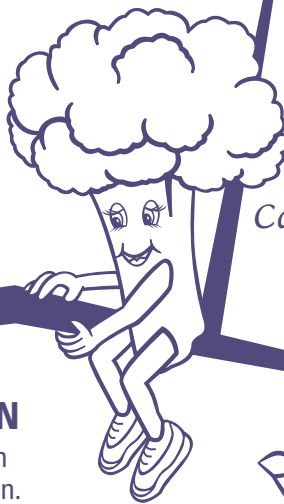
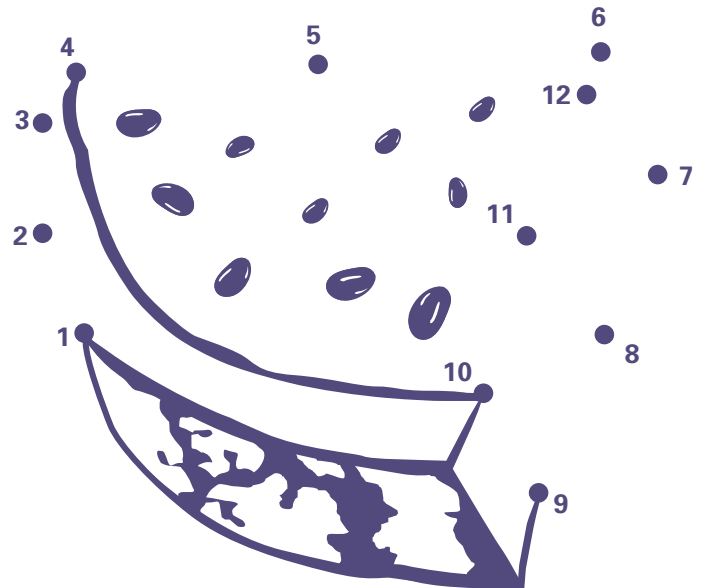
3



Did you know?
Just 4 ounces of 100%
juice counts as 1/2 cup
serving of fruit.

DELICIOUS DOT TO DOT

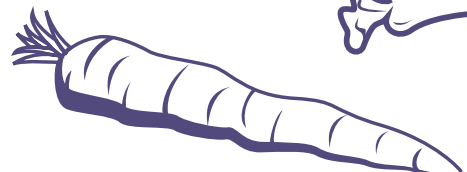
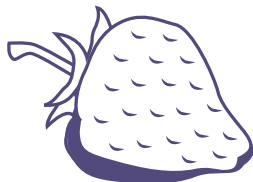
Connect the dots and
see a yummy snack.



Casey Cauliflower

CASEY'S COLORFUL CREATION

Circle the fruits with an orange crayon
and the vegetables with a green crayon.
Color in the fruits and vegetables.



All forms of fruits and veggies
count: fresh, canned, dried,
frozen and 100% juice.